Rupinder Kaur Waraich

'The River Knows, The Wind Remembers', performance art piece

Rupinder Kaur Waraich (she/her) is a multidisciplinary artist based in the West Midlands, working across poetry, writing, performance, and acting, with a focus on feminine narratives. Her work delves into themes of the body, history, language, sexuality, and spirituality. Her debut poetry collection, 'Rooh' (2018), was published by Verve, with a second collection forthcoming from Seren Books in 2026. Blending poetry, dance, and film, her recent work includes performance art films like 'Meeting Kali' and 'The Search'. Driven by curiosity, Rupinder continues to explore and create at the intersection of writing, film, and theatre.

Her performance, 'The River Knows, The Wind Remembers', uses the body as a canvas to tell the stories of Sohni and Sassi, heroines from Panjabi folktales. Inspired by surrealist art in ode to Emmy Bridgwater, it connects their stories to earth, water, fire, and wind. Presented on International Women's Day, the piece embodies resilience and transformation, reclaiming myth through a feminist lens.

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