Tara Harris

'Essence' (2025), Acrylic on wooden panel

Tara Harris gained a BA honours in fine art at Newcastle Upon Tyne Polytechnic in 1991. Since gaining a PGCE in Education and in her role as an Arts Coordinator, she has championed the importance of creativity in the primary curriculum – gaining several Arts Council awards. Away from the classroom, Harris creates the majority of her artworks in the evenings from her home studio.

Among the recurring themes and motifs in Harris' practice is that of nature's light, patterns and textures appearing. In 'Essence', she has created a piece that is strange and intriguing. Inspired by Brueton Park, she has presented a menagerie of dreamlike creatures and birds that can be found living there. Through shifting perceptions and by subverting images, she invites the viewer to discover their own curiosity and creative thinking.

Harris is a member of United Artists South Birmingham – a progressive group of artists that make art opportunities happen. Her works are for sale via Cosimo Art and Outsideln.

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